

Rim of Africa

The Rim of Africa is not a trail. It is a story and a journey. A traverse on foot through the wild of the Cape Mountains.

It is a story about being in love with a long, rugged line of wild peaks and valleys, stretching some 650km from the Cederberg in the north, to the Outeniqua foothills in the east, forming the south-western rim of the African continent.

A CAPE MOUNTAINS TRAVERSE? This demanding hike is a full traverse of the Cape Fold Mountains, and is divided into **9 stages each varying between 6 or 8 days in duration**. Camping beneath stars and drinking from clear streams, we slowly follow a route that varies from year to year through this beautiful and exhilarating landscape.