

HOSA/VOSA

Issue/uitgawe 33
Jan/Feb 2014

e-News / e-Nuus van
Hiking Organisation of Southern Africa
Voetslaan Organisasie van Suidelike Afrika

2014

Happy New Year!!
Vreugdevolle Nuwe Jaar!!

*Here's wishing you a summer
filled with twinkling stars in
dark night skies
and cold ice cream
after long, hot hikes.*



At last!! It's here!!

Wait for it, wait, wait.....SKATSTAP / TREASURE HIKE is on!!

GROOT kontant pryse! Bespreek nou op roetes!



NUUSBERIGGIES/NEWS ITEMS

Die SKATSTAP kompetisie se aanvangsdatum is verskuif na 01 Januarie 2014 tot 30 Junie 2014.

Veertien roetes is geïdentifiseer vir hierdie doel en hier onder verskyn van die roetes. Groot pryse is op die spel! Verskeie roetes is in die tussentyd ge-oudit met die oog op die kompetisie. Die reëls en kompetisie vorm verskyn op ons web blad. Gaan kyk gerus daarna!

The date for the TREASURE HIKE competition has been changed to 01 January 2014 to 30 June 2014. Fourteen trails were identified for the competition and herewith some of the

trails all ready on board. There are big prizes to be won! Various trails have been audited in the mean time with the competition in mind. The rules for the competition and the questionnaire have been published on our webpage. Have a look!

ROETES / TRAILS

Die volgende roetes is tans op die lys van deelnemers/ The next trails are currently on our list of participants:

Mpumalanga : Num Num, Mount Komati, Suikerboschfontein, Wolhuter KNP, Napi KNP

Free State : Cannibal, Ribbok

KZN : Poplar Grove

Gauteng: Groenkloof, Wonderboom

North West: Kareeberg, Magalieskrans.

Eastern Cape: Strandloper

Noord Kaap: Klipspringer

PRYSE/PRICES!!

Naweek pryse/Weekend prices:

Num-Num 3 persone

Cannibal 3 persone

Suikerboschfontein 3 persone

Groenkloof 3 persone.

Two rivers trail 3 persone

Kareeberg 3 persone

Ander/Other:

Geskenkbewyse van klein pryse soos dagsakke, slaapsak, paar kouse, pet, waterbottel, ens
Vouchers for items such as day hike bags, sleeping bags, a pair of socks, pets, water bottle, etc

1 x R1 000.00

3 x R2 000.00

1 x R3 000.00

Plus 5 x R500.00 vir/for VOSA lede.

*n Gratis naweek word gegee aan stapper wie die skenker roete gestap het. Free weekend goes to a hiker who has hiked the donor trail.

Kyk hier!!

WOW!!!

Ledegeld/Membership fees 2014

Neem asb kennis dat ledegeld **nou** betaalbaar is. Ons het elke lid vir ons organisasie nodig, so ondersteun ons asb en betaal u lidmaatskapfooi.

Please take note that membership fees for 2014 are **now** payable. We need the support of each member so please pay your fees.

New Trails.

Two more, day trails, were audited for Green Flag accreditation, at Cape L'Agulas, namely Two Oceans and Rasperpunt.

Tips

Flashlight/headlamp/electronics. Remove the batteries from your headlamp, GPS, radio and other electronics. Leaking batteries can permanently damage your gear.

Keep it organized. Consider setting up a simple storage system to simplify packing for hiking trips. Use plastic utility bins labelled CAMP (sleeping bags/tents), GROUND (ground sheet, mattress), PACKING (stuff sacks, bags, backpacks), COOK (cooking, stoves, utensils, water bottles), and FIRST AID (first aid, water purifiers, sunscreen, insect repellent). This system keeps your gear clean, organized and ready to pack for your next adventure.

Notes:

Make sure that the contents of your First Aid bag is kept up to date. Check the expiry date.

Wash the water bottles before storing.

Clean your boots and store in containers – remember to let dry before storing.

Keep extra batteries on hand.



Photography:

Look for shots that feature bright colours such a bright tent in a rainy forest, reflection of the sun on water or a flower in a drab landscape.

* Take photos at dawn or dusk for significantly better lighting.

* Photograph the subject from an unusual viewpoint or angle, such as while lying down at its base or from its side instead of a front view.

* Include all three parts of a landscape - foreground, middle ground, and background.

* Use a tripod, fencepost, rock, or other stationary object to eliminate blurry photos.

* Don't stop photographing in windy, wet, or overcast conditions - each may enhance the colours and feeling you're trying to capture.

And send us your best to be posted on the web page!



Vossie

I am in love with the New Year!!

Be happy, my friend! I am going Treasure Hiking.



Hossie

Wat wil u graag in die nuusbrief lees? What would you like to read in our newsletter?

My e-pos adres is jackdo1@vodamail.co.za indien u enige nuusberiggie wil stuur,

Please send me your hiking story! Jackie

"There must always be wilderness, a lovely someplace for the young spirits to discover the wonders of nature and the dependence of man on other living things."

~ In Touch With People, 1973