



E-News / E-Nuus van
Hiking Organisation of Southern Africa
Voetslaan Organisasie van Suidelike Afrika

NUUSBERIGGIES/NEWS ITEMS

Nuwe LOGO

Hierbo is 'n voorbeeld van die nuwe logo. Wat dink u daarvan? Stuur asb u kommentaar na:
This is an example of the proposed new logo. What do you think of it? Please let me know:
jackdo1@vodamail.co.za

PRET STAP DAG 4 Augustus 2012.

Op hierdie Saterdag gaan ons 'n pret stap hou, by die Botaniese Tuine, Pretoria. Daar gaan heelwat uitstallers wees, om ons te wys wat is deesdae in die mark beskikbaar vir ons sport. Daar gaan 'n pret stap van 5km en 10 km wees. Daar gaan 'n gelukkige trekking gehou word waar geborgte pryse gewen kan word. Bring u eie piekniek mandjie of geniet 'n ete by die Milkwood Restaurant op die terrein. Toegang/inskrywingsfooie is R30.00 per persoon en u kan die familie, al u vriende (en vyandel!) saam bring. Kom ons kyk of ons 'n rekord kan opstel :

die meeste stappers op een plek op een dag!

Kontak my vir uitstal spasie of meer besonderhede - Jackie 083 532 5557
Hoe lyk dit met 'n soortgelyke dag in die Wes-Kaap volgende jaar?

INDABA

The Indaba will be held the weekend of 5 – 7 October 2012 at the Rietvlei Nature Reserve, Pretoria. Please let me know if you are interested in attending, so that I can send you an invitation. Various topics concerning hiking will be discussed during this period. A guide hike through the Reserve on Sunday will be a fitting end to a wonderful weekend. Accommodation is available.

Regional Office Western Cape

We are in the process of establishing a regional office in the Western Cape. If you are interested in this, please contact our Chairman Albert Bossert at hosavosa@gmail.com.

REPORT ON HIKES

WATHABA done by Florida Hiking Club

Ah.....what can one say - this is just such a lovely venue. Everything is in tip top condition, and one just doesn't want to leave. The accommodation is superb and the trail has been very well maintained. Oh and then one mustn't forget the freshly baked bread that the owner Wimpie bakes for you...so delicious. Hmmm can just see the calories settling on the hips!! We were a whopping 21 hikers for this weekend, and everyone arrived at different times and found themselves a sleeping spot. There is ample wood provided and we had a roaring fire going for a very pleasant Friday evening braai. We didn't start off very early on Saturday morning, having done this hike before we didn't want to get back to camp too early. Most of the hikers including all the newbies managed this trail easily. Only one of our newbies battled a bit. There was a handful that didn't participate in the actual hike. Saturday evening we once again had a lovely fire going for the usual braai. We had a very international brand and band of hikers, French, German, Romanian and then of course all of us locals. And Florida didn't disappoint, we had loads of fun with much laughter. Sunday morning saw a few more opting not to hike, but the rest of us tackled the lovely although short second day. We arrived back in time to all have a lovely hot shower and then set off on the homeward bound journey with enough time for us to stop off for a lunch.

In conclusion, this is a must do hike for anyone out there; even if you are not a regular hiker, the trail is very well marked and relatively easy. This is what one would like all the hikes to aspire to.

BAOBABWE ROETE

Bosveld Stapklub het nou onlangs hierdie roete gaan stap en doen soos volg verslag: Die roetes is goed gemerk en die kremetartbome is werklik iets besonder, dit is regtig 'n baie mooi rustige staproete. Ons kan die roete met groot vrymoedigheid aanbeveel.

Baie dankie aan hulle. JD

Griekeland staptoer 16 – 30 April 2012

Vanaf 16 to 30 April het 'n paar Suid Afrikaners die Noord-Westelike deel van Griekeland aangedurf met ons stapstokke en –skoene. Wat 'n wonderlike en unieke ervaring was dit nie!

21 van ons stappers vanoor die hele Suid Afrika, het saamgegaan. Elke provinsie was verteenwoordig om die eenkeer-in-'n-leeftyd ervaring te geniet. Meeste stappers stap die groter roetes in Suid Afrika soos: Die Otter, Visrivier Canyon, Amatola of die Drakensberge, maar 'n klein groepie het besluit om die jaar 'n ander stap ervaring te hê. Om in Griekeland te gaan stap is soos om te toer.

"Die toer was gereel deur Senior Toere en daar is kopiereg op die toerprogram.

Ons is versoek om dit te verwyder uit die nuusbref en doen dit graag.

Skakel gerus vir Annelize le Roux van Senior Toere by 021 876 3095 of 083 261 1300 vir meer inligting.

Vosa Webmeester. 2015/05/27"

As teruggekyk word na die 14 dae, was dit 'n onvergeetlike ervaring wat op elke stapper se staplysie kan wees.

Annes Momborg

(Dit maak my sommer lus om ook daar te gaan stap JD)

Stap met 'n kinkel

Iets spesiaals! Kom geniet 'n Bosveld of Wynland naweek saam met ons en leer meer oor die fynere kunsies van stap en al die wonderlike dinge rondom dit. Plek is beperk! Kontak Jackie 083 532 5557 of Lena 082 398 3817



Vannie

Ek dink die winter is nou hier! Lekkerste tyd om te gaan stap.



Hannie

Moenie net dink nie! Kom ons reël iets!

My e-pos adres is jackdol@vodamail.co.za indien u enige nuusberiggie wil stuur, vir plasing in ons e-nuusbrief. Vertel ons van u klub se stap planne vir die jaar. *Please send me your hiking story!* Let us know what your club's program is for the year. Jackie

Successful is the person who:

- has lived well, laughed often and loved much,
 - who has gained the respect of children
 - who leaves the world better than they found it,
 - who has never lacked appreciation for the earth's beauty,
- who never fails to look for the best in others or give the best of themselves